

The Ishka Sports Cup 2023 with thanks to Jai and Susan

Place	Hat No.	NAME	Finish Time	Handicap	Race Time
59	252	Brennan, Charlie	00:23:05	00:12:10	00:10:55
49	16	Connolly, Mike	00:22:46	00:11:50	00:10:56
61	170	Harris, Brian	00:23:11	00:12:00	00:11:11
32	104	O' Brien, Amy	00:22:23	00:11:10	00:11:13
34	270	Dolan, Saoirse	00:22:28	00:11:10	00:11:18
57	59	Morton, Scott	00:23:00	00:11:40	00:11:20
52	211	Beacom, Ross	00:22:51	00:11:00	00:11:51
44	125	Jameson, Niall	00:22:38	00:09:20	00:13:18
65	279	Brennan, Sienna	00:23:56	00:10:30	00:13:26
39	219	Ma, Jia	00:22:32	00:08:50	00:13:42
46	60	Cahill, Barry	00:22:42	00:08:50	00:13:52
15	71	Hasler, Michelle	00:22:03	00:08:10	00:13:53
22	62	Burbage, Mary	00:22:11	00:08:10	00:14:01
43	166	McKenna, Ciaran	00:22:38	00:08:30	00:14:08
18	222	O 'Flaherty, Paddy	00:22:04	00:07:30	00:14:34
3	141	Cahill, Aine	00:21:25	00:06:50	00:14:35
13	206	Murrin, Jennifer	00:21:58	00:07:20	00:14:38
30	57	Blount, Steve	00:22:19	00:07:40	00:14:39
8	158	Hemstead, Wayne	00:21:52	00:06:30	00:15:22
9	39	Crossan, Joey	00:21:53	00:06:30	00:15:23
2	217	Noble, Rob	00:21:21	00:05:50	00:15:31
17	214	Morton, Sarah	00:22:04	00:06:30	00:15:34
6	78	Gillespie, Dave	00:21:44	00:06:10	00:15:34
38	172	Connolly, Maeve	00:22:30	00:06:50	00:15:40
16	237	O' Grady, Isobel	00:22:03	00:06:20	00:15:43
23	187	Lawlor, John	00:22:12	00:06:20	00:15:52
60	12	Roberts, Ross	00:23:07	00:07:10	00:15:57
28	87	Brennan, Pat	00:22:18	00:06:20	00:15:58
10	137	Smith, Sharon	00:21:55	00:05:50	00:16:05
20	159	Doyle, Brian	00:22:09	00:06:00	00:16:09
26	183	Kelly, Brian	00:22:16	00:05:50	00:16:26
27	24	Kavanagh, Margaret	00:22:17	00:05:50	00:16:27
56	117	Bradley, Catriona	00:22:59	00:06:30	00:16:29
64	231	Fenton, Liam	00:23:46	00:07:10	00:16:36
41	44	Doyle, Sarah	00:22:36	00:05:50	00:16:46
29	196	Canavan, Michael	00:22:18	00:05:30	00:16:48
25	198	Brennan, Glen	00:22:13	00:05:20	00:16:53
62	37	Healy, Joe	00:23:18	00:06:20	00:16:58
55	24	Kavanagh, Margaret	00:22:59	00:05:50	00:17:09
4	99	Sexton, Katie	00:21:29	00:04:10	00:17:19
66	221	Bremner, Cameron	00:25:04	00:07:40	00:17:24
12	107	Bracken, Lorraine	00:21:57	00:04:20	00:17:37
31	128	O' Donovan, Philip	00:22:22	00:04:40	00:17:42
1	64	Smith, Dave	00:21:19	00:03:30	00:17:49
11	51	Beacom, Aisling	00:21:56	00:03:40	00:18:16

21	122	McGrath, Niamh	00:22:10	00:03:50	00:18:20
19	188	Frazer, Jane	00:22:05	00:03:40	00:18:25
35	13	Moran, Tommy	00:22:29	00:04:00	00:18:29
5	186	Clarke, Liz	00:21:40	00:03:10	00:18:30
37	151	Lyons, Trass	00:22:30	00:03:50	00:18:40
24	130	Fry, Nikki	00:22:12	00:03:30	00:18:42
54	1	O' Reilly, Peter	00:22:55	00:04:10	00:18:45
7	58	Leonard, Angela	00:21:50	00:02:50	00:19:00
14	164	Millea, Trish	00:21:59	00:02:30	00:19:29
63	77	Conway, Brendan	00:23:40	00:04:10	00:19:30
47	49	Smullen, Sue	00:22:43	00:03:10	00:19:33
51	21	Smith, Frank	00:22:49	00:03:10	00:19:39
33	22	O' Brien, Karen	00:22:27	00:02:20	00:20:07
42	226	McAdam, Colm	00:22:37	00:02:30	00:20:07
45	83	Hudson, Jenny	00:22:41	00:01:20	00:21:21
36	45	Behan, Hazel	00:22:29	00:00:50	00:21:39
50	20	Olohan, Jackie	00:22:47	00:01:00	00:21:47
58	142	McCarthy, Maeve	00:23:01	00:01:00	00:22:01
53	18	O' Neill, Jane	00:22:52	00:00:50	00:22:02
48	134	O' Keane, Peter	00:22:43	00:00:30	00:22:13
40	92	Fitzgerald, Deirdre	00:22:35	00:00:00	00:22:35
67	157	Gilbert, Laura	00:25:43	00:00:00	00:25:43