

The Ishka Sports Cup 2022

Place	Hat No	NAME	Finish Time	Handicap	Race Time
23	211	Beacom, Ross	00:32:40	00:15:40	00:17:00
25	252	Brennan, Charlie	00:32:41	00:15:40	00:17:01
3	109	O' Brien, Amy	00:31:53	00:14:30	00:17:23
11	104	O' Brien, Emma	00:32:02	00:14:30	00:17:32
30	16	Connolly, Mike	00:32:50	00:15:10	00:17:40
36	Green	Morton, John	00:32:58	00:15:10	00:17:48
37	59	Morton, Scott	00:32:59	00:15:10	00:17:49
42	215	Farrington-Knight, Annabe	00:33:06	00:15:10	00:17:56
17	272	Sheehy, Lily	00:32:20	00:14:10	00:18:10
56	219	Ma, Jia	00:33:47	00:13:10	00:20:37
61	62	Burbage, Mary	00:33:54	00:12:30	00:21:24
34	60	Cahill, Barry	00:32:57	00:11:30	00:21:27
35	125	Jameson, Niall	00:32:58	00:11:30	00:21:28
38	71	Hasler, Michelle	00:33:00	00:11:30	00:21:30
32	121	O' Connor, Adrian	00:32:55	00:11:00	00:21:55
9	115	Martin, Leslie	00:31:59	00:08:40	00:23:19
40	172	Connolly, Maeve	00:33:02	00:09:40	00:23:22
51	199	Blount, Steve	00:33:34	00:10:10	00:23:24
28	191	Hynes, Joanna	00:32:48	00:09:20	00:23:28
24	210	O' Neill, Eoghan	00:32:40	00:09:10	00:23:30
43	113	Smith, Emma	00:33:07	00:09:30	00:23:37
6	169	Ryan, Ciaran	00:31:56	00:07:40	00:24:16
33	34	Aldridge, Mary	00:32:57	00:08:30	00:24:27
74	206	Murrin, Jennifer	00:35:38	00:11:10	00:24:28
48	25	Morton, Clare	00:33:22	00:08:50	00:24:32
7	183	Kelly, Brian	00:31:58	00:07:20	00:24:38
4	37	Healy, Joe	00:31:54	00:07:10	00:24:44
13	196	Canavan, Michael	00:32:07	00:07:20	00:24:47
54	217	Noble, Rob	00:33:37	00:08:50	00:24:47
8	137	Smith, Sharon	00:31:58	00:07:10	00:24:48
49	159	Doyle, Brian	00:33:29	00:08:40	00:24:49
21	231	Fenton, Liam	00:32:31	00:07:40	00:24:51
16	214	Morton, Sarah	00:32:16	00:07:20	00:24:56
5	105	Leonard, Damian	00:31:55	00:06:50	00:25:05
29	205	Markey, Ronan	00:32:49	00:07:40	00:25:09
10	133	O' Brien, Andy	00:32:00	00:06:50	00:25:10
60	101	Phelan, Darragh	00:33:53	00:08:40	00:25:13
18	87	Brennan, Pat	00:32:25	00:07:10	00:25:15
57	78	Gillespie, Dave	00:33:49	00:08:30	00:25:19
58	69	Morton, Gary Srn	00:33:51	00:08:30	00:25:21
63	6	Morton, Joan	00:33:55	00:08:30	00:25:25
12	4	Carroll, Shaun	00:32:05	00:06:20	00:25:45
69	44	Doyle, Sarah	00:34:39	00:08:10	00:26:29
22	106	McCormack, Alan	00:32:32	00:05:50	00:26:42
1	47	Nolan, Patrice	00:31:38	00:04:40	00:26:58

14	198	Brennan, Glen	00:32:08	00:05:10	00:26:58
62	24	Kavanagh, Margaret	00:33:55	00:06:50	00:27:05
39	168	Killalea, Tara	00:33:01	00:05:50	00:27:11
78	274	Murphy, Fiona	00:36:14	00:09:00	00:27:14
77	12	Roberts, Ross	00:36:10	00:08:50	00:27:20
2	10	O' Sullivan, Owen	00:31:41	00:04:20	00:27:21
44	64	Smith, Dave	00:33:08	00:05:40	00:27:28
20	186	Clarke, Liz	00:32:30	00:05:00	00:27:30
70	Blue	Morton, Niamh	00:34:41	00:07:00	00:27:41
15	107	Bracken, Lorraine	00:32:09	00:04:20	00:27:49
31	126	Phillips, Brian	00:32:54	00:05:00	00:27:54
26	40	Vambeck, Paul	00:32:47	00:04:50	00:27:57
19	85	Humby, Mike	00:32:26	00:04:10	00:28:16
45	128	O' Donovan, Philip	00:33:14	00:04:50	00:28:24
41	76	Carey, Cathriona	00:33:02	00:04:30	00:28:32
27	224	Martin, Sue	00:32:48	00:03:50	00:28:58
46	190	Maher, John	00:33:20	00:03:50	00:29:30
55	138	Scraggs, Eric	00:33:43	00:04:00	00:29:43
52	116	McGrath, Deirdre	00:33:36	00:03:50	00:29:46
73	8	Byrne, Cliona	00:35:27	00:05:30	00:29:57
79	228	Bennett, Kat	00:36:15	00:06:10	00:30:05
66	38	Beary, Maureen	00:34:05	00:04:00	00:30:05
53	58	Leonard, Angela	00:33:36	00:03:20	00:30:16
47	203	Evans, Paul	00:33:21	00:03:00	00:30:21
50	130	Fry, Nikki	00:33:32	00:03:00	00:30:32
59	83	Hudson, Jenny	00:33:53	00:03:10	00:30:43
72	154	Smith, Frank	00:35:01	00:03:10	00:31:51
71	164	Millea, Trish	00:34:42	00:02:30	00:32:12
68	149	Colborn, Sandra	00:34:17	00:01:30	00:32:47
67	226	McAdam, Colm	00:34:06	00:00:50	00:33:16
64	200	Molloy, Cian	00:33:56	00:00:30	00:33:26
65	179	Hogan, Paul	00:33:57	00:00:30	00:33:27
75	22	O' Brien, Karen	00:35:44	00:01:50	00:33:54
80	18	O' Neill, Jane	00:36:19	00:02:20	00:33:59
76	213	Mooney, Monina	00:35:44	00:01:40	00:34:04

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