The Ishka Sports Cup 2022

I ne Isnka Sports Cup 2022										
Place	Hat No	NAME	Finish Time	Handicap	Race Time					
1	47	Nolan, Patrice	00:31:38	00:04:40	00:26:58					
2	10	O' Sullivan, Owen	00:31:41	00:04:20	00:27:21					
3	109	O' Brien, Amy	00:31:53	00:14:30	00:17:23					
4	37	Healy, Joe	00:31:54	00:07:10	00:24:44					
5	105	Leonard, Damian	00:31:55	00:06:50	00:25:05					
6	169	Ryan, Ciaran	00:31:56	00:07:40	00:24:16					
7	183	Kelly, Brian	00:31:58	00:07:20	00:24:38					
8	137	Smith, Sharon	00:31:58	00:07:10	00:24:48					
9	115	Martin, Leslie	00:31:59	00:08:40	00:23:19					
10	133	O' Brien, Andy	00:32:00	00:06:50	00:25:10					
11	104	O' Brien, Emma	00:32:02	00:14:30	00:17:32					
12	4	Carroll, Shaun	00:32:05	00:06:20	00:25:45					
13	196	Canavan, Michael	00:32:07	00:07:20	00:24:47					
14	198	Brennan, Glen	00:32:08	00:05:10	00:26:58					
15	107	Bracken, Lorraine	00:32:09	00:04:20	00:27:49					
16	214	Morton, Sarah	00:32:16	00:07:20	00:24:56					
17	272	Sheehy, Lily	00:32:20	00:14:10	00:18:10					
18	87	Brennan, Pat	00:32:25	00:07:10	00:25:15					
19	85	Humby, Mike	00:32:26	00:04:10	00:28:16					
20	186	Clarke, Liz	00:32:30	00:05:00	00:27:30					
21	231	Fenton, Liam	00:32:31	00:07:40	00:24:51					
22	106	McCormack, Alan	00:32:32	00:05:50	00:26:42					
23	211	Beacom, Ross	00:32:40	00:15:40	00:17:00					
24	210	O' Neill, Eoghan	00:32:40	00:09:10	00:23:30					
25	252	Brennan, Charlie	00:32:41	00:15:40	00:17:01					
26	40	Vambeck, Paul	00:32:47	00:04:50	00:27:57					
27	224	Martin, Sue	00:32:48	00:03:50	00:28:58					
28	191	Hynes, Joanna	00:32:48	00:09:20	00:23:28					
29	205	Markey, Ronan	00:32:49	00:07:40	00:25:09					
30	16	Connolly, Mike	00:32:50	00:15:10	00:17:40					
31	126	Phillips, Brian	00:32:54	00:05:00	00:27:54					
32	121	O' Connor, Adrian	00:32:55	00:11:00	00:21:55					
33	34	Aldridge, Mary	00:32:57	00:08:30	00:24:27					
34	60	Cahill, Barry	00:32:57	00:11:30	00:21:27					
35	125	Jameson, Niall	00:32:58	00:11:30	00:21:28					
36	Green	Morton, John	00:32:58	00:15:10	00:17:48					
37	59	Morton, Scott	00:32:59	00:15:10	00:17:49					
38	71	· · · · · · · · · · · · · · · · · · ·	00:33:00	00:11:30	00:21:30					
39	168	·	00:33:01	00:05:50	00:27:11					
40	172	·	00:33:02	00:09:40	00:23:22					
41	76	Carey, Cathriona	00:33:02	00:04:30	00:28:32					
42		•	00:33:06	00:15:10	00:17:56					
43	113	, , ,			00:23:37					
44		,			00:27:28					
_					00:28:24					
39 40 41 42 43	168 172 76 215	Hasler, Michelle Killalea, Tara Connolly, Maeve Carey, Cathriona Farrington-Knight, Anna Smith, Emma Smith, Dave O' Donovan, Philip	00:33:01 00:33:02 00:33:02	00:05:50 00:09:40 00:04:30	00:27:1 00:23:2 00:28:3 00:17:5 00:23:3 00:27:2					

56 219 Ma, Jia 00:33:47 00:13:10 00:20:37 57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:03:10 00:30:43 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:54 00:12:30 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 65 179 Hogan, Paul 00:34:05 00:00:30 00:33:27 66 38 Beary, Maureen 00:34:05 00:04:00 00:30:05 67 226 McAdam, Colm 00:34:06 00:00:00:00 00:33:16 <t< th=""><th></th><th></th><th></th><th></th><th></th><th></th><th>=</th></t<>							=
48 25 Morton, Clare 00:33:22 00:08:50 00:24:32 49 159 Doyle, Brian 00:33:29 00:08:40 00:24:49 50 130 Fry, Nikki 00:33:32 00:03:00 00:30:32 51 199 Blount, Steve 00:33:34 00:10:10 00:23:24 52 116 McGrath, Deirdre 00:33:36 00:03:50 00:29:46 53 58 Leonard, Angela 00:33:36 00:03:20 00:30:16 54 217 Noble, Rob 00:33:43 00:04:00 00:29:43 55 138 Scraggs, Eric 00:33:47 00:13:10 00:29:43 56 219 Ma, Jia 00:33:47 00:08:30 00:25:19 58 69 Morton, Gary Sm 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Sm 00:33:51 00:08:30 00:25:13 60 101 Phelan, Darragh 00:33:53 00:08:30 00:25:13 6	46	190	Maher, John	00:33:20	00:03:50	00:29:30	
49 159 Doyle, Brian 00:33:29 00:08:40 00:24:49 50 130 Fry, Nikki 00:33:32 00:03:00 00:30:32 51 199 Blount, Steve 00:33:34 00:10:10 00:23:24 52 116 McGrath, Deirdre 00:33:36 00:03:50 00:29:46 53 58 Leonard, Angela 00:33:36 00:03:20 00:30:16 54 217 Noble, Rob 00:33:37 00:08:50 00:24:47 55 138 Scraggs, Eric 00:33:43 00:04:00 00:29:43 56 219 Ma, Jia 00:33:49 00:08:30 00:25:17 57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:12 59 83 Hudson, Jenny 00:33:53 00:08:30 00:25:21 59 83 Hudson, Darragh 00:33:53 00:08:30 00:25:13 60 101 Phelan, Darragh 00:33:55 00:08:30 00:27:05 6	47	203	Evans, Paul	00:33:21	00:03:00	00:30:21	
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51 199 Blount, Steve 00:33:34 00:10:10 00:23:24 52 116 McGrath, Deirdre 00:33:36 00:03:50 00:29:46 53 58 Leonard, Angela 00:33:36 00:03:20 00:30:16 54 217 Noble, Rob 00:33:37 00:08:50 00:24:47 55 138 Scraggs, Eric 00:33:43 00:04:00 00:29:43 56 219 Ma, Jia 00:33:47 00:13:10 00:20:37 57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:08:30 00:25:13 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:55 00:08:40 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:27:05	49	159	Doyle, Brian	00:33:29	00:08:40	00:24:49	
52 116 McGrath, Deirdre 00:33:36 00:03:50 00:29:46 53 58 Leonard, Angela 00:33:36 00:03:20 00:30:16 54 217 Noble, Rob 00:33:37 00:08:50 00:24:47 55 138 Scraggs, Eric 00:33:43 00:04:00 00:29:43 56 219 Ma, Jia 00:33:47 00:13:10 00:20:37 57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:08:30 00:25:13 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:06:50 00:27:05 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 6	50	130	Fry, Nikki	00:33:32	00:03:00	00:30:32	
53 58 Leonard, Angela 00:33:36 00:03:20 00:30:16 54 217 Noble, Rob 00:33:37 00:08:50 00:24:47 55 138 Scraggs, Eric 00:33:43 00:04:00 00:29:43 56 219 Ma, Jia 00:33:47 00:13:10 00:20:37 57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:03:40 00:25:13 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:55 00:06:50 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:55 00:08:30 00:33:26 65 179 Hogan, Paul 00:34:05 00:00:30 00:33:27 <td< td=""><td>51</td><td>199</td><td>Blount, Steve</td><td>00:33:34</td><td>00:10:10</td><td>00:23:24</td><td></td></td<>	51	199	Blount, Steve	00:33:34	00:10:10	00:23:24	
54 217 Noble, Rob 00:33:37 00:08:50 00:24:47 55 138 Scraggs, Eric 00:33:43 00:04:00 00:29:43 56 219 Ma, Jia 00:33:47 00:13:10 00:20:37 57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:03:10 00:30:43 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:54 00:12:30 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:55 00:08:30 00:33:26 65 179 Hogan, Paul 00:33:57 00:00:30 00:33:27 66<	52	116	McGrath, Deirdre	00:33:36	00:03:50	00:29:46	
55 138 Scraggs, Eric 00:33:43 00:04:00 00:29:43 Wet Sui 56 219 Ma, Jia 00:33:47 00:13:10 00:20:37 57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:03:10 00:30:43 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:54 00:12:30 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 65 179 Hogan, Paul 00:34:05 00:04:00 00:30:05 67 226 McAdam, Colm 00:34:05 00:04:00 00:33:16 <td>53</td> <td>58</td> <td>Leonard, Angela</td> <td>00:33:36</td> <td>00:03:20</td> <td>00:30:16</td> <td></td>	53	58	Leonard, Angela	00:33:36	00:03:20	00:30:16	
56 219 Ma, Jia 00:33:47 00:13:10 00:20:37 57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:03:10 00:30:43 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:54 00:12:30 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 65 179 Hogan, Paul 00:33:57 00:00:30 00:33:27 66 38 Beary, Maureen 00:34:06 00:00:50 00:33:16 67 226 McAdam, Colm 00:34:17 00:01:30 00:32:47 6	54	217	Noble, Rob	00:33:37	00:08:50	00:24:47	
57 78 Gillespie, Dave 00:33:49 00:08:30 00:25:19 58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:03:10 00:30:43 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:54 00:12:30 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 65 179 Hogan, Paul 00:33:57 00:00:30 00:33:27 66 38 Beary, Maureen 00:34:05 00:04:00 00:30:05 67 226 McAdam, Colm 00:34:06 00:00:50 00:33:16 68 149 Colborn, Sandra 00:34:17 00:01:30 00:22:41	55	138	Scraggs, Eric	00:33:43	00:04:00	00:29:43	Wet Suit
58 69 Morton, Gary Srn 00:33:51 00:08:30 00:25:21 59 83 Hudson, Jenny 00:33:53 00:03:10 00:30:43 60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:54 00:12:30 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 65 179 Hogan, Paul 00:33:57 00:00:30 00:33:27 66 38 Beary, Maureen 00:34:05 00:04:00 00:30:05 67 226 McAdam, Colm 00:34:06 00:00:50 00:33:16 68 149 Colborn, Sandra 00:34:17 00:01:30 00:32:47 69 44 Doyle, Sarah 00:34:41 00:07:00 00:27:41	56	219	Ma, Jia	00:33:47	00:13:10	00:20:37	
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60 101 Phelan, Darragh 00:33:53 00:08:40 00:25:13 61 62 Burbage, Mary 00:33:54 00:12:30 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 65 179 Hogan, Paul 00:33:57 00:00:30 00:33:27 66 38 Beary, Maureen 00:34:05 00:04:00 00:30:05 67 226 McAdam, Colm 00:34:06 00:00:50 00:33:16 68 149 Colborn, Sandra 00:34:17 00:01:30 00:32:47 69 44 Doyle, Sarah 00:34:39 00:08:10 00:26:29 70 Blue Morton, Niamh 00:34:41 00:07:00 00:27:41 71 164 Millea, Trish 00:35:01 00:03:10 00:31:51	58	69	Morton, Gary Srn	00:33:51	00:08:30	00:25:21	
61 62 Burbage, Mary 00:33:54 00:12:30 00:21:24 62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 65 179 Hogan, Paul 00:33:57 00:00:30 00:33:27 66 38 Beary, Maureen 00:34:05 00:04:00 00:30:05 67 226 McAdam, Colm 00:34:06 00:00:50 00:33:16 68 149 Colborn, Sandra 00:34:17 00:01:30 00:32:47 69 44 Doyle, Sarah 00:34:39 00:08:10 00:26:29 70 Blue Morton, Niamh 00:34:41 00:07:00 00:27:41 71 164 Millea, Trish 00:34:42 00:02:30 00:32:12 72 154 Smith, Frank 00:35:27 00:05:30 00:29:57 <td< td=""><td>59</td><td>83</td><td>Hudson, Jenny</td><td>00:33:53</td><td>00:03:10</td><td>00:30:43</td><td></td></td<>	59	83	Hudson, Jenny	00:33:53	00:03:10	00:30:43	
62 24 Kavanagh, Margaret 00:33:55 00:06:50 00:27:05 63 6 Morton, Joan 00:33:55 00:08:30 00:25:25 64 200 Molloy, Cian 00:33:56 00:00:30 00:33:26 65 179 Hogan, Paul 00:33:57 00:00:30 00:33:27 66 38 Beary, Maureen 00:34:05 00:04:00 00:30:05 67 226 McAdam, Colm 00:34:06 00:00:50 00:33:16 68 149 Colborn, Sandra 00:34:17 00:01:30 00:32:47 69 44 Doyle, Sarah 00:34:39 00:08:10 00:26:29 70 Blue Morton, Niamh 00:34:41 00:07:00 00:27:41 71 164 Millea, Trish 00:34:42 00:02:30 00:32:12 72 154 Smith, Frank 00:35:01 00:05:30 00:29:57 74 206 Murrin, Jennifer 00:35:38 00:11:10 00:24:28	60	101	Phelan, Darragh	00:33:53	00:08:40	00:25:13	_
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67 226 McAdam, Colm 00:34:06 00:00:50 00:33:16 68 149 Colborn, Sandra 00:34:17 00:01:30 00:32:47 69 44 Doyle, Sarah 00:34:39 00:08:10 00:26:29 70 Blue Morton, Niamh 00:34:41 00:07:00 00:27:41 71 164 Millea, Trish 00:34:42 00:02:30 00:32:12 72 154 Smith, Frank 00:35:01 00:03:10 00:31:51 73 8 Byrne, Cliona 00:35:27 00:05:30 00:29:57 74 206 Murrin, Jennifer 00:35:38 00:11:10 00:24:28 75 22 O' Brien, Karen 00:35:44 00:01:50 00:33:54 76 213 Mooney, Monina 00:35:44 00:01:40 00:34:04 77 12 Roberts, Ross 00:36:10 00:08:50 00:27:20	65	179	Hogan, Paul	00:33:57	00:00:30	00:33:27	_
68 149 Colborn, Sandra 00:34:17 00:01:30 00:32:47 69 44 Doyle, Sarah 00:34:39 00:08:10 00:26:29 70 Blue Morton, Niamh 00:34:41 00:07:00 00:27:41 71 164 Millea, Trish 00:34:42 00:02:30 00:32:12 72 154 Smith, Frank 00:35:01 00:03:10 00:31:51 73 8 Byrne, Cliona 00:35:27 00:05:30 00:29:57 74 206 Murrin, Jennifer 00:35:38 00:11:10 00:24:28 75 22 O' Brien, Karen 00:35:44 00:01:50 00:33:54 76 213 Mooney, Monina 00:35:44 00:01:40 00:34:04 77 12 Roberts, Ross 00:36:10 00:08:50 00:27:20	66	38	Beary, Maureen	00:34:05	00:04:00	00:30:05	Wet Suit
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75 22 O' Brien, Karen 00:35:44 00:01:50 00:33:54 76 213 Mooney, Monina 00:35:44 00:01:40 00:34:04 77 12 Roberts, Ross 00:36:10 00:08:50 00:27:20	74	206	Murrin, Jennifer	00:35:38	00:11:10	00:24:28	
77 12 Roberts, Ross 00:36:10 00:08:50 00:27:20	75	22	O' Brien, Karen	00:35:44	00:01:50	00:33:54	
	76	213	Mooney, Monina	00:35:44	00:01:40	00:34:04	
78 274 Murphy, Fiona 00:36:14 00:09:00 00:27:14	77	12	Roberts, Ross	00:36:10	00:08:50	00:27:20	_
	78	274	Murphy, Fiona	00:36:14	00:09:00	00:27:14	
79 228 Bennett, Kat 00:36:15 00:06:10 00:30:05	79	228	Bennett, Kat	00:36:15	00:06:10	00:30:05	
80 18 O' Neill, Jane 00:36:19 00:02:20 00:33:59	80	18	O' Neill, Jane	00:36:19	00:02:20	00:33:59	